



SATURDAY 12th SEPTEMBER 2026

ON YOUR MARKS

On the second Saturday in September each year, 30 counties across the UK Ride & Stride to raise money to help preserve and improve our historic church buildings

GET SET

Add Saturday 12th September 2026 to your diary.
Seek sponsorship from friends & family.
www.friendsofessexchurches.org.uk/ride-stride for further information or scan the QR code.

GO

Explore villages & parish churches by bike or on foot
Enjoy exercise, meet new people & raise much needed funds for your church.



PLEASE JOIN US

